



Vadnais Heights LIONS



BELGIAN



Waffle Breakfast

Sunday, October 3rd, 8AM – 1PM

Seniors
\$7⁰⁰ 63+

Adults
\$8⁰⁰ 15-62

Kids
\$4⁰⁰ 6-14

Li'l Kids
Free 0-5

FREE KIDSIGHT VISION SCREENING



Lions KidSight USA Foundation

is a nationwide program to safeguard the vision of children aged 6 months through 6 years

Diabetes Awareness Info

Can-Do-Canines

Used Eyeglass & Hearing Aid Collection

Fire Truck Tours

Blood Pressure Testing

Ramsey County Sheriff

- K-9
- Lakes & Trail Unit



Vadnais Heights Commons

655 East County Road F