



Vadnais Heights HI-LITES

Senior Activities Newsletter

November/December 2016

Vadnais heights HI-LITES Volunteers

Vadnais Heights Commons
Friday, November 18, 9 am.
Friday, December, 16, 9 am.
Pack food for the food shelf.

Vadnais Heights Community Food Program

Saturday, November 19, 9 am.
Saturday, December, 17, 9 am.
Help register people for the food shelf.

Council Meetings

Wednesdays: November 2, November 16, December 7,
December 21 at 7 pm. All meetings are at the Vadnais
Heights City Hall.

Election Day

Tuesday, November 8, 2016
Polling Places in Vadnais Heights are: Precinct 1-3:
Vadnais Heights Commons, 655 E. County Road F;
Precinct 4: South Fire Station, 3595 Arcade Street. To
find out what precinct you live in, call 651-204-6000 or
visit pollfinder.sos.state.mn.us. Let your vote count and
your voice be heard.

Last Silly Joke

Jerry: What is a pretzel's favorite dance?
Larry: The Twist!

Lunch & Table Games

Wednesday, November 9, 12 noon.
It's bag lunch, coffee and dessert. Now that's a nice
combination! Judy Aitken will bring dessert with
table games of choice to follow.

Boutique & Craft Sale & Lunch

Saturday, November 12, Christ the Servant Lutheran
Church, 9 am to 2 pm.
Craft items, bake goods, Grandma's attic table and soup
for lunch! Proceeds will go to the Social Ministry &
Youth programs.

Lunch & Table Games

Wednesday, November 30, 12 noon.
Pack your bag lunch with a left-over turkey sandwich.
The coffee will be ready and Bette Stebbing will furnish
the dessert. After a short meeting table games of choice
will be played.

PJs with Santa

Friday, December 2, 6 – 8 pm, Vadnais Heights
Commons.
This annual holiday event features Santa, The Wizard of
Oz Puppet Show at 6:15 pm and 7:15 pm, a face painters
balloon animals, holiday games cookies and participants
of all ages! Parents must accompany children
throughout this event. Wear pajamas if you like. Cost:
\$10 per family/resident; \$20 per family/non-resident.
Registration is required by Monday, November 28, at
651.204.6000.

Vadnais Heights HI-LITES Holiday Luncheon

Wednesday, December 7, 12 noon at Jimmy's
Restaurant, Vadnais Heights.
Come and celebrate the season with your friends and
neighbors. We will be ordering from a variety of
choices available on their menu.

Lunch & Table Games

Wednesday, December 28, 13 noon.
This is the last call for our HI-LITES meetings in 2016.
Stop by to wish all a Happy 2017. The coffee will be
ready and Doris Thompson will bring the dessert.
Looking forward to another happy and healthy year
together!



The *Vadnais Heights HI-LITES* is a newsletter for senior citizens sponsored by The City of Vadnais Heights. HI-LITES is published monthly, except for a combined November/December issue. Vadnais Heights Senior Citizens meet at Christ the Servant Lutheran Church located at 3676 Centerville Road, for all events unless otherwise specified.

For more information on any event, please contact Vadnais Heights City Hall, 800 East County Road E, 651.204.6000, or www.cityvadnaisheights.com. You may also call Josephine Christensen at 651.777.0618. Additional senior resources are offered through the White Bear Area Senior Program at 651-653-3121 or www.whitebearseniorprogram.org.



Presidential Trivia, Fun Facts and Firsts

- George Washington was the only American president to be unanimously elected.
- Chester A. Arthur was nicknamed "Elegant Arthur" because of his fashion sense.
- Franklin Pierce was the first president to have a Christmas tree in the White House.
- John F. Kennedy was the first president to hold a press conference on television.
- William McKinley was the first president to campaign by telephone.
- Franklin Pierce gave his 3,319-word inaugural address from memory, without the aid of notes.
- Theodore Roosevelt was the first president to call his residence in Washington, D.C. the "White House." Prior to his term, it had been called the Executive Mansion or the President's House.
- James Madison was the shortest and lightest president at 5 feet, 4 inches and about 100 pounds.
- Lyndon B. Johnson was the first American president to name an African American to his cabinet.
- Barack Obama collects Spiderman and Conan the Barbarian comic books.
- Thomas Jefferson wrote his own epitaph never mentioning that he served as president. His epitaph read, "Author of the Declaration of American Independence, Author of the Statute of Virginia for Religious Freedom and the Father of the University of Virginia.
- Franklin D. Roosevelt is the only American president to be elected four times. After his service, the 22nd Amendment ratified in 1951, limited the presidential office to two terms.
- Chester A. Arthur enjoyed walking at night and seldom went to bed before 2 a.m.
- Lyndon B. Johnson was the only president to take the oath of office from a female official, Judge Sarah T. Hughes.
- Harry S. Truman used to get up at 5 o'clock in the morning to practice the piano for two hours.
- William Taft, who weighed 332 pounds, got stuck in the White House bathtub the first time he used it. A larger one was ordered.
- William Henry Harrison served the shortest presidency, dying just 32 days after he was elected.
- Calvin Coolidge refused to use the telephone while in office.
- Ulysses S. Grant established Yellowstone as the nation's first national park on March 1, 1872.
- At age 69, Ronald Reagan became the oldest person ever elected U.S. president.