



Vadnais Heights HI-LITES

Senior Activities Newsletter

August 2018

Vadnais Heights HI-LITES Volunteers

Vadnais Heights Commons
Friday, August 17, 9 am.

Vadnais Heights Community Food Program

Saturday, August 18, 9 am
Food distribution.

Night to Unite!

Tuesday, August 7, 5 pm – 8 pm at Christ the Servant Lutheran Church. All neighbors welcome! Burgers & lemonade provided. You are welcome to bring a salad or dessert to share.

Lunch and Table Games

Wednesday, August 8, 12 noon.
The coffee will be perking. Just pack that bag lunch and join us. Doris Thompson will be bringing dessert.

Council Meetings

Wednesday, August 8, 7 pm and Tuesday, August 21, 7 pm.
At Vadnais Heights City Hall.

Friendly Thought #8

A woman once told her friend her clothes were so old that they were all paid for...
-Anonymous

International Left-Hander's Day

Monday, August 13
Lefties can celebrate today! Did you know that of the 8 most recent presidents, 4 were left-handed?

Minnesota Primary Election Day

Tuesday, August 14
Get out and vote today. For voting information: secretary.state@state.mn.us or call 651-215-1440.

Summer Mobile Market

Redeemer Lutheran Church, 3770 Bellaire Avenue, WBL.
Tuesday, August 14, 11:30-1 pm.
FREE produce for all – no age limit. FREE Wellness checks.

Heritage Days Senior Picnic 10 am – 2 pm.

Thursday, August 16 at Vadnais Heights Commons.
The picnic will include social hour, roast beef dinner catered by Culver's. music/entertainment by Gary LaRue and bingo. Cost is \$5 per person and advance registration is required by Thursday, August 9th. This is the kick-off event for the 2018 Vadnais Heights Heritage Days. Please check the enclosed Heritage Days flyer for a complete event schedule.

Breakfast at Gable Pines, 1260 East County Road E

Friday, August 17, 8 am – 10 am. RSVP to 651.829.3171 by August 16. Open to all ages. \$5 suggested donation, benefiting the Vadnais Heights Senior Hi-Lites.

Lunch and Table Games

Wednesday, August 22, 12 noon.
Bring a bag lunch and bring a friend. The coffee will be ready and Rosine Wong will be our dessert lady. After a short meeting table games of choice will be played.

Minnesota State Fair

Thursday, August 23 thru Labor Day, Monday, September 3. Check out the 27 new foods (and of course, some of the foods will be on a stick), 5 new vendors and attractions. My new favorite will be the "Messy Giuseppe". This year's Senior Days are on Monday, August 27 and Thursday, August 30. For seniors 65+ the admission is \$9 at the gate.

Heritage Days, August 16, 18-19
See insert for more details

The *Vadnais Heights HI-LITES* is a newsletter for senior citizens sponsored by The City of Vadnais Heights. HI-LITES is published monthly, except for a combined November/December issue. Vadnais Heights Senior Citizens meet at Christ the Servant Lutheran Church located at 3676 Centerville Road, for all events unless otherwise specified.

For more information on any event, please contact Vadnais Heights City Hall, 800 East County Road E, 651-204-6000, or www.cityvadnaisheights.com. You may also call Josephine Christensen at 651-777-0618. Additional senior resources are offered through the White Bear Area Senior Program at 651-653-3121 or www.whitebearseniorprogram.org.

Minnesota State Fair Trivia

Q: What year was the first Minnesota State Fair held?

A: 1859

Q: How many acres make up the fairgrounds?

A: 322 acres

Q: How many baby animals are born at the CHS Miracle of Birth Center during the State Fair?

A: Nearly 200 animals, including calves, lambs and piglets

Q: How many food concessions are located throughout the fairgrounds?

A: About 300 food concessions dish up nearly 500 different delectable delights.

Q: What happens to the giant pumpkins and vegetables in the agriculture horticulture competition after the fair?

A: The giant pumpkins and other vegetables are composted.

Q: How many events take place on the fairgrounds during the non-fair time?

A: 130 events

Q: How many tons of glass, plastic and aluminum were collected and recycled during the 2016 fair?

A: 46 tons

Q: How many cookies can Sweet Martha's Cookie Jar produce in one day?

A: 3 million cookies

Q: What is the most popular flavor of pies entered in the creative activities baked goods category?

A: Apple

Q: Which U.S. presidents have visited the State Fair at one time during their life?

A: Coolidge, Eisenhower, Harding, Teddy Roosevelt, Taft

Q: How long would it take the average cow to produce all the milk served during the fair's 12-day run at the All You Can Drink Milk booth?

A: 8-9 years. About 26,000 gallons of milk are served each year at that booth.

Q: What is the oldest amusement on the fairgrounds?

A: Ye Old Mill, which began operating in 1915.

Q: How many ears of corn does the Corn Roast booth go through each day?

A: 25,000 ears of corn

Q: What year was electricity first used at the State Fair, allowing it to operate after sunset?

A: 1899

Q: What is the oldest food concession on the fairgrounds?

A: Hamline Church Dining Hall, which began operating in 1897

Q: In what year was the first Princess Kay of the Milky Way crowned?

A: 1954

Q: When did attendance first top the 1 million mark?

A: Sept. 5, 1955

Q: What percentage of fair guests came to the fair by some type of public, charter or mass transit bus operation in 2017?

A: Approximately 50%